

Mr. Wilson

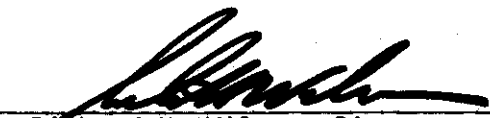
DIVISION OF MENTAL HEALTH AND HOSPITALS

Administrative Bulletin Transmittal Memorandum No. 56

January 17, 1984

SUBJECT: Administrative Bulletin 3:11
Kosher Meals

This Administrative Bulletin establishes a kosher meal policy and specifies the type of meals which may be served.


Richard H. Wilson, Director
Division of Mental Health and Hospitals

RHW:PK:er

DIVISION OF MENTAL HEALTH AND HOSPITALS

ADMINISTRATIVE BULLETIN 3:11

DATE: January 17, 1984

SUBJECT: Kosher Meals
Applicability: H

I. Introduction

The Division of Mental Health and Hospitals shall respect the religious views of the clients and shall provide foods according to the religion of the clients. If a client is of Jewish faith and wishes to have kosher meals, the request for kosher meals must be submitted by the Rabbi at the institution and sent to the Food Service Department at the institution. Kosher foods are prepared under the supervision of a M'Shkiah and kosher dietary laws are so regulated that such meals require extensive and precise preparation. It will not be possible to prepare kosher meals in our kitchens. However, we can purchase prepared and pre-packaged kosher meals from reputable kosher food suppliers. These foods are prepared under the supervision of M'Shkiah and are certified kosher foods. There are many suppliers of kosher foods and a number of entrees are available. A list of suppliers is attached for your information (see Attachment A).

There are many foods available from the Distribution Center, which can be used as kosher foods. These are pre-packaged portion control products.

II. Meals

A. Breakfast

Pre-packaged 4-ounce pure juices are available from the Distribution Center. Pre-packaged milk in 8-ounce (half-pint) is acceptable. All pre-packaged individual cereals are also acceptable. However, oatmeal or cream of wheat cooked in our kitchen will not be kosher and cannot be served.

Whenever eggs, fried or scrambled or eggs and bacon are on the menu, the institution will order prepared and pre-packaged breakfasts from one of the kosher food suppliers.

Fresh fruits can be served.

B. Lunch

One of the kosher dinners will be served. It is available in the following varieties:

Turkey
Meat Balls and Spaghetti
Pot Roast
Boiled Beef
Beef Goulash
Roast Chicken
Boiled Chicken
Salisbury Steak
Breaded Sole Filet
Roast Veal
Roast Turkey

The dinners are 12 ounces each and there are six dinners per case. The dinners are frozen and should be heated according to the instructions prior to serving.

C. Supper

One of the entrees mentioned above can be served for supper. Try to give them a variety.

D. Snack

Individually packaged juices, milk and yogurt may be served. Fresh fruits are also permitted. Individually packaged cookies from kosher food suppliers are also available.

III. Passover

Special foods are available for Passover from the kosher food suppliers. The regular entrees mentioned above are not to be used during Passover. However, if Passover food is left over, it can be served after the Passover.

IV. Special Diets

If any client is on a special diet, such as a low calorie diet, 1200 k.calories, 1500 k.calories, or 1800 k.calories, the senior dietitian should monitor the client and advise the client as to how much food should be consumed by the client to stay on the prescribed diet.

A. Low Salt Diets


These are available from the kosher food supplier.

B. Pureed Diet

These can be served by using canned pureed meats, fruits and vegetables. Canned baby foods are permissible.

V. Silverware

Prepared and pre-packaged foods have silverware or eating utensils included in the tray. The clients can have their own utensils to eat food if the eating ware does not come with the entree. The utensils at the institution are cleaned, washed and sterilized. The food supervisor should check with the Rabbi if the eating ware meets their requirements.


Richard H. Wilson, Director
Division of Mental Health and Hospitals

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Hoffman-LaRoche

Beta carotene
Beta-epo-B-carotene
Canthaxanthin
(Hoffman-LaRoche Inc., Nutley, N.J.
07110)

I. Rice & Co.

Food Coloring
(I. Rice & Co., Inc., Philadelphia, Pa.
19124)

Karp

Blue Shade
Egg Shade Yellow
Green Shade
Lemon Yellow Shade
Red Shade
(L. Karp & Sons, Elk Grove, Il. 60007)

Limpert

U.S. Certified Colors
(Limpert Bros. Inc., Vineland, N.J. 08360)

MCP

Spray Dried Cloud
(MCP Foods Inc., Anaheim, Ca. 92803)

Meer

Oleoresin Paprika
Oleoresin Turmeric
(Meer Corp., North Bergen, N.J. 07047)

Miles Laboratories

Annatto Colors
(Miles Laboratories, Inc., Elkhart, In.
46514)

Oasis

Egg Color
Tomato Shade
(Oasis Trading Co., Inc., Irvington, N.J.
07111)

Ottens

Colors

Henry H. Ottens Mfg. Co., Inc., Philadel-
phia, Pa. 19123)

Pfizer

Annatto Cereal Color
Annatto Cheese Color
Annatto Ice Cream Color
(Pfizer Chemicals Div./Pfizer Inc., New
York, N.Y. 10017)

Serv-Agen

Certified Food Colors
(Serv-Agen Corp., Cherry Hill, N.J.
08002)

Stange

Certified Food Colors
(McCormick-Stange Co., Flavor Division,
Chicago, Il. 60612)

Tru-Color

Food Coloring
(William Tatz Industries, Inc., Belleville,
N.J. 07109)

Vegetone

Annatto
Paprika
Turmeric
(Kalsec, Inc., Kalamazoo, Mi. 49005)

Frozen Meats

(Meat Products are Glatt)

Borenstein

Airline Meals—Dairy, Pareve & Meat Va-
rieties
Hospital Dinners & Desserts—Dairy, Pa-
revo & Meat Varieties
(Borenstein Caterers, Inc., Jamaica, N.Y.
11434)

Empire

Frozen Dinners[®]
(Empire Kosher Poultry, Inc., Millintown,
Pa. 17069)

Medan

Airline Dinners (Meat & Pareve Varieties)
Box Lunches[®]
Hospital Dinners—Regular & Low Sodium
(Meat & Pareve Varieties)
(Medan Kosher Foods, Dana, Fl. 33004)

Schreiber's

Beef Dinners (Regular & Lo-Salt)[®]
Chicken & Turkey Dinners (Regular &
Lo-Salt)[®]
Fish Dinners, Regular & Lo-Salt
Omelets, Cheese[®]
Omelets—Mushroom, Plain & Spanish
Sauce
(Schreiber Caterers, Inc., Brooklyn, N.Y.
11236)

Wilton Caterers

Frozen Meats[®]
(Wilton Caterers, Inc., Spring Valley, N.Y.
10977)

**Fruits—Canned, Dried,
Packaged & Pureed**

Amport

Imported Dates
(American Importing Co., Inc., Minneapo-
lis, Mn. 55405)

Blue Sky, Corina, Glorietta, Il Migli-
ore, Naturnade, S&W, Taste

Sealed, Teresa, Tri-Valley

Canned Figs
Canned Fruits
(Tri-Valley Growers, San Francisco, Ca.
94105)